

Kenneth F. Morehead, BM, MM, MSOM, LAc, DOM(NM), DAONB

Founding Partner of Oriental Health Solutions, LLC

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EDUCATION:

- 1996 Diplomat of the Acupuncture Orthopedics National Board
 - 1993 Masters of Science in Oriental Medicine Degree from Southwest Acupuncture College *
 - 1992 Diplomat of the National Commission for the Certification of Acupuncture & Oriental Medicine.
 - 1980 Master of Music, West Virginia University
 - 1977 Bachelor of Music, North Texas State University
- * This is an upgrade from a Masters in Oriental Medicine, completed in 1992.

CERTIFICATIONS

- 1992 - present Certification: Acupuncture by the National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM): Diplomat status in Acupuncture
- 2013 Certified GAPS* Practitioner (*Gut And Psychology Syndrome)

INDEPENDENT POLL WINNER

- 2012 Best Holistic Medicine Practitioner Category, the INDY's "Best of the Triangle reader's poll," out of over 10,000 voters.

CONTINUING EDUCATION HIGHLIGHTS:

- 2008 – present Ongoing Participation in the Advanced Japanese Acupuncture Seminar Group with Kiiko Matsumoto, LAc, in Baltimore, MD
- 2020 Alchemical Healing: Using the Tools of Chinese Medicine to Address the World Soul in Troubled Times 5 hrs.
So How Safe is Acupuncture? Review of Up-to-date Clinical Evidence & Perspective, 2 hrs.
Lessons From The Lab: A Selection of "Energy" Healing Experiments, Dr. William Bengston, PhD 3 hrs.
Ethical Practice in Vulnerable Populations, Claudia Citkovitz, 2 hrs.
The 8 Extraordinary Vessels Impact on Psycho-Neuro-Immunology, Yvonne Farrell, 6 hrs.
- 2018 Ishizaka Ryu Japanese Acupuncture, Cary, NC. 5 hrs.
Psychotherapy Networker 4-Day Annual Symposium, Keynotes with Jack Kornfield, Esther Perel, Irvin Yalom, breakouts on Crisis in Masculinity, Race In & Outside Therapy, From Dysfunction to Erotic Discovery.
- 2017 Digestive Mastery with Wally Schmitt, DC, Charleston, NC. 12 hrs.
- 2017 Dao Needle Therapy, A Revolutionary Acupuncture Technique for Structural Integration Assessment & Treatment, 15 hrs.
- 2016 Could Methylation Be the Holy Grail of Aging Gracefully, Charlotte, NC, 1 day, 7 hrs.
- 2016 Hormones & Cardio-metabolic Function presented by Jack Monaco, MD, Charlotte, NC, 1 day, 7 hrs.
- 2016 NC Integrative Medicine Conference, Winston/Salem, 2 days, 9 hrs
- 2016 Organic Acids Test Workshop, Atlanta, GA. 8.5 hrs.
- 2016 Safety and Ethics with Michael Taromina, Esq. 4 hrs.
- 2014 Knotty Diseases w/Classic Formulas with Sharon Weizenbaum, 12.5 hrs.
- 2014 Global Balance Method, 28 hrs, with Dr. Richard Tan in Charlotte, NC.
- 2012 Mastering Functional Blood Chemistry with Chris Turnpugh, DC, 24 hrs
A New Era in Preventing, Managing and Reversing Cardiovascular and Metabolic Dysfunction, Institute of Functional Medicine Annual Conference with Mark Houston, MD, Mark Hyman, MD, Mimi Guarneri, MD, etc. 37 hrs
Neuroimmunology & Clinical Applications with Aristo Vojdani, PhD, Carrick Institute 25 hrs
- 2009 – 2011 Apex Energetics, Inc. Mastering the Thyroid with Datis Kharrazian, DC, 20 hrs
Neurotransmitters & Brain Seminar with Datis Kharrazian, DC, 30 hrs
Functional Blood Chemistry with Datis Kharrazian, DC, 20 hrs
Functional Endocrinology with Datis Kharrazian, DC, 15 hrs

- 2009 Mindfulness Training for Medical Professionals, Duke Integrative Medicine. An 8 day training.
- 2006 – 2009 Advanced Japanese Acupuncture Study with David Euler, LAc and Kiiko Matsumoto, LAc., Baltimore. 120 hrs
- 1999 – 2005 Duke School of Medicine: Office of CME: Integrative Medicine Study Group
- 1999 – 2005 Oriental Medicine Continuing Education: North Carolina Association of Acupuncture & Oriental Medicine and other organizations: PMS, Internal Medicine, Herb/Drug Interactions, Pain Management, Japanese Acupuncture, Endocrine Disorders, Psychology, Five-Elements, Treatment of Depression, OM Research, Low Back Pain, Migraines and Yamamoto scalp acupuncture, among others.
- 1995 - 1996 Completion of Postgraduate training in Acupuncture Orthopedics, Diplomate Status granted 6/1/96.
- 1995 Injection Therapy: Oriental Medicine Association of New Mexico. Albuquerque, NM

LICENSES

- 7/97 - present Licensure: Acupuncture in North Carolina
- 1992 - present Licensure: Doctor of Oriental Medicine (DOM) in New Mexico

CLINICAL PRACTICE

- 2004 to present Founding member of Oriental Health Solutions, LLC, practice merger with Dagmar Ehling, MAc, LAc, DOM(NM)
- 2007 Credentialed acupuncture provider for Duke Integrative Medicine, Duke University, Durham, NC; provided acupuncture and OM counseling services to patients seeking multidisciplinary, integrative medical services.
- 1992 - present Specialty in Orthopedics with a focus on Japanese style Acupuncture (Matsumoto style), treatment of side effects of cancer treatment (radiation/chemotherapy) and related immune support. Significant emphasis on dietary factors as causal in most complaints.

PROFESSIONAL EXPERIENCE

- 2012 to Present Certified to perform Independent Medical Examinations for Medical Consultants Network.
- 2/1/08 – 3/15/12 Chair of the Legislative Committee of the North Carolina Acupuncture Licensing Board
- 2/1/08 – 7/1/09 Chair of the North Carolina Acupuncture Licensing Board
- 2006 – 2/1/08 Secretary of the North Carolina Acupuncture Licensing Board
- 2005 - 2006 Member of the North Carolina Acupuncture Licensing Board
- 2004 - 2006 Member of the Healthy Local Meat Advisory Board, School of Public Health, UNC-Chapel Hill
- 2000 - present Member of the Weston A. Price Advisory Board
- 2000 - 2002 Advisory Committee for Duke Center for Integrative Medicine for NIH's NCCAM grant proposal; community practitioner for CFM-251, a course that teaches medical students and physical therapy students about Complementary and Alternative Medicine (CAM)
- 1998 – 2002 Secretary, NC Association of Acupuncture & Oriental Medicine
- 1996 – 1998 Appointed to the Education Committee of the New Mexico State Board
- 1995 – 1997 Secretary, NM Association of Acupuncture and Oriental Medicine
- 1994 – 1997 Publisher/Editor, NMAAOM Newsletter
- 1996 – 1997 Oriental Medicine Association of New Mexico: State Exam Committee member - redesigned the New Mexico Practical State exam
- 1994 - 1998 New Mexico state licensure examiner

PODCASTS & RADIO SHOWS

- January 23, 2017 Wise Traditions Podcast for the Weston A. Price Foundation
<http://wisetraditions.libsyn.com/60-energy-health-vitality>
- FALL, 2017 Nutrition Heretic Radio Show
<https://nutritionheretic.com/ken-morehead-chinese-medicine-acupunturist/>

PUBLICATIONS & ARTICLES

- Fall 1997 **Morehead K.** *Microcurrent Therapy, Complexity Theory and the Practice of Oriental Medicine* Newsletter: Oriental Medicine Association of New Mexico
- Summer 1998 **Morehead K.** *The Oriental Medical Approach to Common Disorders Resulting from Cumulative Trauma*, Ergo Talk, North Carolina Ergonomics Resource Center.
- Summer 2000 **Morehead K.** Complexity in Food. *Wise Traditions (Weston Price Foundation Periodical), Vol 1, #2.*

http://www.orientalhealthsolutions.com/information/published_articles

RESEARCH

- 3/2004 – 7/2005 Research Consultant with Dr. Michael Paglia. *Use of Acupuncture for Cervical Ripening*. Credentialed at Duke University Medical Center to perform acupuncture treatments for purpose of study
- 2004 - present Informal research project in association with Mary Rose Tulley, Director of Lactation Consultants, UNC-CH, to treat breast pain associated with impaired lactation.

SOCIETIES

- 1998 to 2003 North Carolina Acupuncture & Oriental Medical Association; 1998 – 2003 board member: Ethics Committee Service.
- 1996 – 1998 Oriental Medicine Association of New Mexico, Secretary, Publisher: OMANM Newsletter
- 1996 to present American Association of Oriental Medicine, member
- 1989 to 1998 Oriental Medicine Association of New Mexico

PRESENTATIONS

- 12/17/17 *Performance and Health*, Percussion Symposium Breakout Session, Raleigh, NC
- 11/13/16 *Aging Well with Vitality: Insights from a Culture that Knew the Value of Healthy Elders*, Presented at the 17th Annual Weston A. Price Conference, Montgomery, AL.
- 3/13-27-2016 Acupuncture in the Treatment of Breast Pathology, Presented in Conjunction with the NC Association of Acupuncture and Oriental Medicine
- 2010 - 2016 Eshelman School of Pharmacy, UNC-Chapel Hill. *Oriental Medicine, Principles and Concepts*, an annual lecture for the School of Pharmacy.
- 3/25/12 *Maintaining Eye Health Under Workplace Demands*, a lecture for the Greater Piedmont Electrolysis Association
- 2/24/2009 Chapel Hill, NC. Women's Health Continuing Education Conference for the UNC School of Nursing. *Oriental Medicine & Acupuncture for Women's Health*. With Dagmar Ehling, LAc.
- 2003 - 2009 Durham, NC. Duke Integrative Medicine: Capstone Rotation. Annual Acupuncture & Chinese Herbal presentation to 4th year medical students.
- 10/15/08 *Acupuncture for the Breastfeeding Mother*, 18th Annual Art of Breastfeeding Conference. Sponsored by Carolina School of Nursing and Wake AHEC, Friday Center, Chapel Hill.
- 3/2008 *Skin and Hair Quality in Light of Women's Health*. NC Electrolysis Convention, Durham.
- 3/2007 36th Annual NC Section Conference of the Association of Women's Health, Obstetric & Neonatal Nurses, *Touch as a Vehicle for Growth: An Experiential Session w/ Lois Ballen, MSN, CNM, RN*
- 9/2006 Durham, NC. Duke Continuing Education Studies: 1 day seminar on Oriental Medicine. Lecture to nurses and other health care practitioners. 0.8 hrs CEU offered.
- 10/2005 Chapel Hill, NC. University of North Carolina: *TCM and Pain Management*. Lecture to various health care professional students and faculty. With Fang Cai, LAc, Dagmar Ehling, LAc.
- 3/18/2005 Chapel Hill, NC. The 5th UNC Integrative Medicine Conference: *Integration of Japanese Acupuncture and Dietary Therapy*
- 3/19/2005 Chapel Hill, NC. The 5th UNC Integrative Medicine Conference: *A Pasture-Based & Sustainable Beef Production System*
- 3/2005 Cary, NC. SAS: *Research & Science of Oriental Medicine*. With Fang Cai, LAc, Dagmar Ehling, LAc
- 10/25/2005 Durham, NC. Duke Continuing Studies: *Maintaining a Vital Immune System from our 20s to Our 80s*.
- 10/3/2004 Washington, DC. International Conference of the Weston Price Foundation: *Oriental Medicine and Food*
- 5/3/2003 Washington, D.C. Weston A Price International Conference: *Our Whole Heart, An Oriental Medical Perspective*
- 6/10/2000 Durham, NC. Acupuncture Association of North Carolina Annual Conference: *Japanese Acupuncture Approaches to Gynecology*
- 4/28-29/2000 Washington, D.C. Weston Price Foundation: *Wise Traditions in Food, Farming and the Healing Arts*. Key Note Speech & breakout sessions
- 3/29/2000 Durham, NC. Duke University Integrative Medicine Study Group, Case Presentation: *Carpal Tunnel Syndrome*
- 9/22/1999 Durham, NC. Duke University Integral Medicine Study Group. Case Presentation: *Fibromyalgia*
- 3/12/1999 Chapel Hill, NC. NC Assn. of Rehabilitation Insurance Professionals: *Oriental Medical Approach to Work Related Injury*
- 3/5/1999 Chapel Hill, NC. Presented to the NC Developmental Evaluation Centers, Feeding Teams Statewide Meeting: *An Alternative Approach to Feeding Disorders*, at UNC-CH Hospital.

- 1/23-24/1999 Santa Fe, NM. Oriental Medical Association of NM Conference: *Oriental Medicine & Fibromyalgia*
- 9/20/1998 Raleigh, NC. Complementary Approaches to Pain Management, Seminar and Panel Discussion, Dr. Mark McClure, Facilitator. Presentation: *Traditional Chinese Medical Approaches to Pain Management*
- 9/18/1998 Raleigh, NC. The NC Biofeedback Society Conference: *Chronic Pain & Stress: A Different Perspective*
- 6/18/1998 Chapel Hill, NC. 15th Workers' Compensation Conference, UNC/Duke: *Supporting Employee Health: Taking a Holistic Approach*
- 4/18/1998 Santa Fe, NM. Seminar: *Microstimulation Therapy*, at Alternative Medical Associates.
- 10/15/1997 Durham, NC. Duke University Integral Medicine Study Group Presentation: *Comparative Effects of Microcurrent Stimulation on EEG Spectrum & Correlation Dimension*
- 6/14/1997 Santa Fe, NM. Seminar: *Microstimulation Therapy*, at Alternative Medical Associates.

PREVIOUS PROFESSIONAL EXPERIENCE

- 1992 - 1994 Principal Percussionist, Santa Fe Symphony
- 1991 - 1992 Principal Timpanist, Santa Fe Symphony
- 1989 - 1994 Section percussionist, Santa Fe Opera
- 1984 - 1987 Founder and Director: The East West Center of Austin, TX. A 501 c (3) organization dedicated to holistic public health education.
- 1970 – 1980 Percussionist, Ft. Worth Symphony, Oklahoma Symphony, Houston Pops Orchestra, Austin Symphony

INVENTION

- 1998 Crotalephone is recorded on CD with the Pacific Symphony Orchestra, NEXUS performing on a Sony Classical Recording. SK 63044.
- 1986 World Premier of Crotalephone Prototype, 4 Octave Keyboard Percussion Instrument, with the UT-Austin Graduate Percussion Ensemble.
- 1988 Premier of Takemitsu's *From Me Flows What You Call Time*, part of the Celebration of 100 years of Music at Carnegie Hall, Crotalephone prominently featured in this work.
Related Publications:
- 1979 *Forging A New Instrument*, Percussive Notes. An article on the creation of the Crotalephone.

EXTRACURRICULAR ACTIVITIES

- 2020 Rebuilt a 1940-era Deagan Imperial 4-Octave Marimba
- 2018, December Hiking, biking and kayaking throughout Thailand
- 2009-2015 Creation of a premier example of Permaculture Based sustainable residential property in Durham, on the tour for the *Design with Nature to Live Sustainably* course at Durham tech – Jane Norton, Executive Director; Eartheal, <http://www.eartheal.org>
- 2012 - 2016 Participation in local Swing Dances, Lindy/Charleston/Balboa styles
- 6/7/2012 Solo Performance on the Amadinda (West African Xylophone), Santa Fe Marimba Festival, NM
- 2012 - 2018 Section Percussionist (except 2017), Durham Symphony (DSO)
Co-founder of the Triangle Mallet Ensemble.
- 2017 Principal Percussionist, Durham Symphony Orchestra.
- 3/8/04 Summit, Kilimanjaro, Tanzania
- 1993-97 Cross country skiing on the western continental divide, living in a yurt for 4 days- with day trips from the yurt.